



Core PE



King's Academy
Prospect



TRANSITION

OBJECTIVES

- Lead healthy, active lifestyles
- Develop competence to excel in broad range of physical activities
- Use a range of tactics and strategies to overcome opponents in direct competition
- Analyse and evaluate own performance and demonstrate improvement across a range of physical activities

CONTINUING LIFELONG APPLICATION

ENHANCING TACTICS AND FURTHER PURSUIT OF LIFELONG APPLICATION

YEAR
11



- ATHLETICS
- BADMINTON
- BASKETBALL
- CRICKET
- ROUNDERS
- ORIENTEERING
- NETBALL
- PROBLEM SOLVING
- FOOTBALL
- RUGBY
- HANDBALL
- GYMNASTICS
- DANCE
- TABLE TENNIS
- TENNIS
- FITNESS
- SOFTBALL
- TRAMPOLINING
- VOLLEYBALL
- CROSS COUNTRY

PRACTICAL SPORTS AND ACTIVITIES

YEAR
10

DEVELOPMENT OF TACTICS/OFFICIATING



ENHANCING ABILITY, KNOWLEDGE AND CONCEPTS OF SKILLS & RULES

YEAR
9

PE HAS CROSS-CURRICULAR LINKS TO MANY SUBJECTS



YEAR
8

DEVELOPING CORE SKILLS AND INTRODUCTION TO ADVANCED SKILLS



LEARNING & DEVELOPING CORE SKILLS

YEAR
7



ASPIRE • BELIEVE • ACHIEVE