



Wellbeing KS4



Mastery in Year 11

- Analyse what our own identity is and how we all create diversity.
- Explain how diversity can be celebrated in our local community, nationally and globally.
- Create our sense of self by developing confidence.
- Explain how fertility changes and how family life changes as we age.
- Explain and analyse the best ways to improve our own learning and develop skills to prepare for exams.

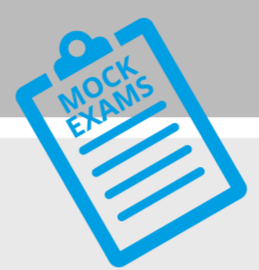
Mastery in Year 10

- Explain rights and responsibilities within the law and consequence of law breaking.
- Analyse how actions impact the world around us and how we can limit negative impact.
- Explain employability skills and how to develop these skills.
- Explain how to responsibly solve conflicts in different situations and relationships.
- Develop coping strategies to look after my own mental health.

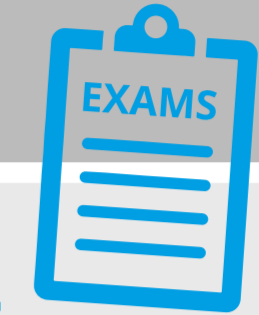
RELATIONSHIPS
How do I maintain healthy relationships?



MOCK EXAMS AND REVISION
What do I need to do to improve my grade?



REVISION AND COMMENCEMENT OF EXTERNAL EXAMS



TRANSITION

HEALTH AND WELLBEING
How do I keep myself and others safe?



REVISION SKILLS / PREPARING FOR THE NEXT YEAR
How do I prepare for GCSE exams?

HEALTH AND WELLBEING
How can we celebrate diversity?



MENTAL HEALTH AND WELLBEING
What might affect our mental health and wellbeing?



RELATIONSHIPS
How do we deal with conflict in different relationships?



LIVING IN WIDER WORLD: CRIME
What happens if we break the law?



LIVING RESPONSIBLY
How can we be more sustainable in our choices?



RELATIONSHIPS
How can we identify unhealthy relationships?



LIVING IN THE WIDER WORLD: CAREERS
How can I present myself well to employers?

