



# Wellbeing Pros6



## RISK AWARENESS

How can I reduce my risk?

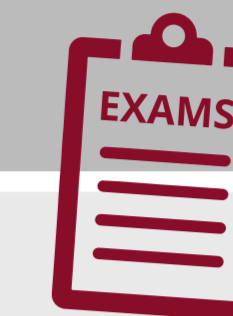


## COPING SKILLS

What strategies could help me cope?.



## REVISION AND COMMENCEMENT OF EXTERNAL EXAMS



TRANSITION



## STUDY SKILLS

How can I study more effectively?

## FUTURE PLANNING

What do I need to do for the future?



## ECONOMIC LITERACY

What do I need to know to live independently?



YEAR  
13

## RISK AWARENESS

What do I need to do about drugs?



## MENTAL HEALTH

What support is there for mental health disorder?



YEAR  
12

## FUTURE PLANNING

How I prepare for my future career?



## LIVING IN WIDER WORLD - POLITICAL LITERACY

How can I become an active citizen?



### Mastery in Year 13

- Create effective plan of action for next steps.
- Explain the importance of planning for the future.
- Explain different techniques to improve effectiveness of study.
- Analyse techniques that are most useful. Identify risks and explain how to reduce exposure to risks as well support services available.
- Analyse effective coping strategies for my needs.

### Mastery in Year 12

- Explain the importance of research to investigate different career paths.
- Analyse personal values impact career choices.
- Analyse the impact of different types of drugs.
- Explain how to avoid risky behaviour and identify support services.
- Explain how to live independently within a budget.